

**International Society of Reproductive Psychiatry
CONFERENCE AGENDA
“Starting the Conversation”
September 24-26th, 2020
The Westin Austin Downtown**

Thursday September 24, 2020

19:00-21:00 **Registration Table Open**

19:00-23:00 **Informal Networking Social at the lobby bar**

Friday September 25, 2020

07:00-10:00 **Registration Table Open, 3rd floor conference hall**

08:00-09:00 **Breakfast**

09:00-09:30 **Welcome and Introduction to ISRP:**

Board of Directors. Brief welcome and board member introduction and panel presentation of the history, mission and vision of ISRP

09:30-10:30 **Introduction to the Field of Reproductive Psychiatry:**

David Rubinow, MD

Overview of reproductive hormones in psychiatry, the impact on psychiatric illness and the need for gender specific care

10:30-11:30 **Mood Disorders Related to the Menstrual Cycle:**

Teresa Lanza Di Scalea, MD

Evaluation, lifestyle recommendations and pharmacotherapies for PMDD and premenstrual exacerbations of mood and anxiety disorders

11:30-12:30 **Women in Leadership lunch:**

Jaclyn Rosencutter Duvall, MD, a mayo fellowship trained migraine specialist, shares her research and insights into women’s leaderships styles.

12:30-16:30 **Maternal Mental Health Lecture Series:**

Each lecture will focus on the management of disorders from pre-conception through the postpartum period including evaluation tools, appropriate medication consent, coordination of care, collaboration with obstetrics and pediatrics and a strong emphasis on advanced psychopharmacology. Minimal time will be spent on basic psychiatric diagnostic criteria.

- **Peri and Postpartum Depression:**

Speaker TBD

- **Postpartum Anxiety Disorders and Postpartum OCD:**

Kimberly Brandt-Tomlinson, DO

- **Peri and Postpartum Bipolar Depression and Psychosis:**

Lucy Puryear, MD and Torie Sepah, MD

15:30-15:45 **Coffee Break**

- **Perinatal Substance Use Disorders:**

Gillian Friedman, MD

16:45-17:15 **Wrap up with Speaker Panel for End of Day Q&A**

18:00-19:30 **Networking Social: Cocktails and appetizers at Azul Rooftop Bar and Lounge**

Saturday September 26, 2020

07:00-10:00 **Registration Table Open, 3rd floor conference hall**

07:30-08:00 **Breakfast**

08:00-08:30 **Contraceptives and Mood:**

Rachel Dalthorp, MD and Melanie Barrett, MD

Pregnancy prevention while minimizing adverse effects on mental and physical health

08:30-09:15 **Identifying and Managing Factors Contributing to Sexual Dysfunction And Hypoactive Sexual Desire Disorder (HSDD):**

Nicole Harrington Cirino, MD

The Impact of trauma and the adverse effects of medication and contraceptives on sexual function and evaluation, behavioral and pharmacotherapies for HSDD

09:15-10:15 **Women's Mental Health and the Menopause Transition:**

Lucy Puryear, MD

10:15-10:30 **Coffee Break**

10:30-11:00 **Diversity and Cultural Competence in Women's Mental Health:**

Danielle Johnson, MD

Recognize and address risks and vulnerabilities in minority patients

11:00-12:00 **Neurotoxin Injection in Psychiatry:**

Michelle Magid, MD

Injection of Botulinum toxin A for the treatment of depression, social anxiety and borderline personality disorder

12:00-14:00 **Interventional Breakout Sessions and Lunch:**

Participants will rotate through each session at 30-minute intervals

- **Demonstration of Neurotoxin injection for Psychiatric Illness**
Michelle Magid, MD
- **Ketamine and Esketamine**
Rachel Dalthorp, MD
- **Transcranial Magnetic Stimulation**
Amanda Itzkoff, MD; Torie Sepah
- **Brexanolone infusion in Postpartum Depression**
Melanie Barrett, MD; Danielle Johnson, MD

14:00-14:30 **Mental Health in Sexual Minority and Transgender Women**
Speaker TBD

Special considerations and impact of hormone therapy on mental health.

14:30-14:45 **Coffee Break**

14:45-16:15 **The Impact of Trauma Across the Female Lifespan:**

Introduction and moderator Dr. Kristine Norris, DO

Camille Hoffman, MD (OB/GYN)

Introduction to the HPA axis, stress response and mental health consequences.

Panel consisting of a pediatrician, reproductive psychiatrist, and OB/GYN

16:15-17:00 **Fellowships and Reproductive Psychiatry Practice Models:**

Moderator: Nicole Doghor, MD

Panel of practicing reproductive psychiatrists in different practice settings.

Private Practice: Amanda Itzkoff, MD; Kristin Lasseter, MD

Embedded Practice: Kimberly Brandt-Tomlinson, DO

Academic Practice: Nicole Cirino, MD

Telepsychiatry Practice: Dr. Kristine Norris, DO

Fellowship Director: TBD

16 HOURS of CME ANTICIPATED